



SUNCOOK SENIOR CENTER 603-485-4254

APRIL 2024 MOW MENU

Mon	Tue	Wed	Thu	Fri
1	2	3	4	5
LS Chicken & Broccolie Cheese Sauce LS Turkey Ala King		LS Thia Style Coconut Curry Chicken LS Penne Pase Primavera		Chicken Provencal
8	9	10	11	12
LS Beef Patty w/ mushroom Gravy LS Chicken With Honey Garlic		LS BBQ Pork Chicken Tenders		Beef & Pork Meat loaf w/Gravy
15	16	17	18	19
LS Shepard's Pie LS Honey Mustard Pork		LS Chicken Lasagna LS Tilapia w/ Florentine Sauce		Grilled Chicken w/ Teriyaki Sauce
22	23	24	25	26
LS Pork w/Tarragon Sauce LS Shells and Cheese		LS Chicken Pot Pie LS Pork w/Sweet Chili & Pineapple Sauce		Meatball w/Tomato & Basil
29	30	1		
LS Chicken Broccoli Cheese Sauce LS Beef Chili		LS Pork w/ Apple Sauce Buttermilk Pancakes	FOOD ALLERGY NOTICE: Please be advised that our food may contain these ingre- dients: Milk, Eggs, Wheat, Soybean, Peanuts, Tree nuts, Fish & Shellfish	Menu can change at any time. LS = Low Sodium