




SUNCOOK SENIOR CENTER 603-485-4254

MAY 2024 MOW MENU

Mon	Tue	Wed	Thu	Fri
		1	2	3
<p>FOOD ALLERGY NOTICE: Please be advised that our food may contain these ingredients: Milk, Eggs, Wheat, Soybean, Peanuts, Tree nuts, Fish & Shellfish</p>	<p>Menu can change at anytime.</p> <p>LS=Low Sodium</p>	<p>LS Pork w/ Applesauce Buttermilk Pancakes</p>		<p>Grilled Chicken</p>
6	7	8	9	10
<p>LS Chicken & Rice Casserole LS Butternut Squash Raviolo</p>		<p>LS Chicken w/ Honey Garlic LS BBQ Pork</p>		<p>Chicken Provencal</p>
13	14	15	16	17
<p>LS Chicken Paprikash LS Chicken Lasagna</p>		<p>LS Tilapia w/ Florentine Meatballs & Marinara</p>		<p>Beef & Pork Meatloaf</p>
20	21	22	23	24
<p>LS Ground Beef Patty w/ Port Jus LS Orange Chicken</p>		<p>LS Shells & Cheese LS Chicken Pot Pie</p>		<p>Grilled Chicken w/ Teriyaki LS Chicken Broccoli Cheese Sauce LS Turkey A la King</p>
27	28	29	30	31
<p>AGENCY CLOSED</p> 		<p>LS Thia Style Coconut Curry Chicken LS Penne Pase Primavera</p>		<p>Meatballs w/ Tomato & Basil Pesto</p>