



# Suncook Senior Center 603-485-4254

## Community & Grab & Go Meals June 2024 Menu

Weekly Take-Away Offerings:	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Shepherd Pie</b> <b>Breaded Chicken Strips</b> <b>Pub Burger w Cheese P&amp;O</b> <b>Chef's Choice</b>	<b>3</b> Stuffed Tilapia Filet Dinner Roll Rice Pilaf, Vegetable Fruit Cup, WG Dinner Roll	<b>4</b>	<b>5</b> Greek Falafel and Hummus Salad Plate, Pita Chips Steamed White Rice Fruit Cup	<b>6</b> Cream of Chicken Vegetable Soup Warm Dinner Roll Fruit Cup	<b>7</b>
<b>Meatballs and Marinara Sauce</b> <b>Chicken Stew w Dinner Roll</b> <b>Cheese Omelet w Stewed Tomato</b> <b>Chef's Choice</b>	<b>10</b> Breaded Chicken Strips Seasoned Fries Mixed Vegetables Dinner Roll, Fruit Cup	<b>11</b>	<b>12</b> Chicken Caesar Salad Wrap Chips, Tortilla Wrap Fruit Cup	<b>13 <u>Father's Day Celebration</u></b> Meatballs in Gravy w Onion & Mushroom Smashed Red Potatoes Vegetable, Dinner Roll, Fruit Cup	<b>14</b>
<b>Pulled BBQ Pork</b> <b>Chicken Teriyaki</b> <b>BBQ Chicken Strips</b> <b>Chef's Choice</b>	<b>17</b> Sweet and Sour Meatball Rice, Vegetable Fruit Cup, Dinner Roll	<b>18</b>	<b>19</b>  <b>HOLIDAY</b>	<b>20</b> Grilled Chicken Teriyaki Vegetables, White Rice Dinner Roll, Fruit Cup	<b>21</b>
<b>Baked Ham w/ Pineapple</b> <b>Sweet and Sour Meatballs</b> <b>Chef's Choice</b>	<b>24</b> Stuffed Pasta w Cheese in Marinara Sauce Steamed Vegetable Dinner Roll, Fruit Cup	<b>25</b>	<b>26</b> Chicken Parmesan Buttered Pasta Vegetables WG Dinner Roll, Fruit Cup	<b>27</b> Shaved Steak Sub w/ Peppers and Onions Oven Roasted Potato Wedge Fruit Cup, Sub Roll	<b>28</b>
	<b>Aug 1</b>	<b>2</b> <b>Food Allergy Notice:</b> <i>Please be advised that our food may contain these ingredients: Milk, Eggs, Wheat, Soybean, Peanuts, Tree Nuts, Fish &amp; Shellfish.</i>	<b>3</b>		<b>Menus Subject to change if items are not available.</b>