



SUNCOOK SENIOR CENTER 603-485-4254

MAY MENU 2024

Community & Grab N Go Meals

Weekly Take-Away Offerings:	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sweet and Sour Meatballs Chicken Provencal Hot Dog & Bean Casserole Chef's Choice	FOOD ALLERGY NOTICE: Please be advised that our food may contain these ingredients: Milk, Eggs, Wheat, Soybean, Peanuts, Tree nuts, Fish & Shellfish		1 Turkey & Pork Meatloaf Mashed Potato & Gravy Vegetable, Dinner Roll Fruit Cup	2 Chicken Corn Chowder Small Garden Salad Dinner Roll Fresh Fruit Cup	3 Menus are subject to change without notice
Stuffed Pasta w/ Marinara Italian Sausage Pepper/Onion Teriyaki Meatballs Chef's Choice	6 Cinco de Mayo Taco Pie Topped w/ Cornbread, Rice, Sour Cream & Salsa, Mixed Vegetable, Fruit Cup	7	8 Beef Chili with Beans Corn Bread Small Garden Salad Fresh Fruit Cup	9 Pulled Pork and Onions Whole Grain Dinner Roll Coleslaw, Baked Beans Fresh Fruit Cup	10
Teriyaki Chicken Pulled Pork w Sauce Pub Burger w/ Gravy Chef's Choice	13 Mother's Day Celebrate Chicken Stew with Biscuit Vegetable, Small Garden Salad Fresh Fruit Cup Apple Pie Day	14	15 Rub Pork Tenderloin Homemade Apple Sauce Mashed Potatoes, Vegetable, WG Dinner Roll	16 Chicken Taco Salad, Shred Chz, Tomato, Cucumbers, Blk Bean Salad, Salsa/ Sour Cream Dressing, Dinner Roll, Fruit Cup	17
Kielbasa w. Sauerkraut Chicken Stew Sweet and Sour Meatballs Chef's Choice	20 Baked Fish Fillet w/Tartar, Potato Wedges Vegetables, Fruit Cup WG Dinner Roll	21	22 American Chop Suey Vegetables Fruit Cup Garlic Bread	23 BBQ Chicken Strips Coleslaw, Potato Salad Fruit Cup, Dinner Roll	24
Breaded Fish Fillet w Tartar Chicken Broc Rice Casserole American Chop Suey Chef's Choice	27 CLOSED FOR THE MEMORIAL DAY HOLIDAY	28	29 Breaded Chicken Tenders Steak Cut Fries, Vegetables Fruit Cup, Dinner Roll	30 Chicken and Rice Soup Vegetable, Dinner Roll Fruit Cup	31